

BREAKFAST MENU

MONDAY-SATURDAY SERVED UNTIL 11:30AM
SUNDAYS SERVED ALL DAY

ISOLA FULL BREAKFAST

IOW POACHED EGGS (2),
BACON (2),
AVOCADO & SICILIAN OLIVE OIL,
GARLIC MUSHROOMS,
IOW CHERRY TOMATOES,
LOST MILL TOASTED SOURDOUGH
12.75

VEGGIE FULL BREAKFAST

IOW POACHED EGGS (2),
BRIDDLESFORD HALLOUMI,
AVOCADO & SICILIAN OLIVE OIL,
GARLIC MUSHROOMS,
IOW CHERRY TOMATOES,
LOST MILL TOASTED SOURDOUGH
12.75

**IOW POACHED EGGS ON
LOST MILL SOURDOUGH**
6.25

**AVOCADO ON
LOST MILL SOURDOUGH**
6.75

ADD: IOW EGGS (2) OR GARLIC MUSHROOMS 2.00
ADD: AVOCADO, BACON (2) OR IOW CHERRY TOMATOES 2.50

CONTINENTAL BREAKFAST

WITH FRESHLY SQUEEZED ORANGE JUICE, GLASS OF GRANOLA,
GREEK YOGHURT, FRUIT & HONEY AND A PASTRY 7.75

BREAKFAST BITES

BACON DOORSTEP ON GRACES
MULTISEED BREAD WITH
GRILLED IOW TOMATO &
KETCHUP ON THE SIDE 7.50

BRIE & HAM TOASTED
BRIOCHE 5.00

DOORSTEP WITH PEANUT
BUTTER, BANANA, SEEDS
& HONEY 4.50

OATS, SEEDS & BERRIES

PORRIDGE WITH BANANA,
SULTANAS, HONEY, SEEDS &
CINNAMON 6.25

PORRIDGE WITH FRESH
BERRIES, BANANA, HONEY
& SEEDS 6.75

GRANOLA WITH GREEK
YOGHURT, FRESH BERRIES,
BANANA, HONEY & SEEDS 6.75

PLEASE ASK STAFF FOR ALLERGEN ADVICE

WHILST WE TRY TO MAKE A RANGE OF PRODUCTS WITH ALLERGEN
FREE INGREDIENTS, AS ALL ALLERGENS ARE HANDLED ON SITE, WE
CANNOT GUARANTEE THAT ANY PRODUCT DOES NOT CONTAIN ANY
TRACES OF ALLERGENS

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