

LUNCH MENU

SERVED ALL DAY UNTIL 5PM
4.30PM ON SUNDAYS

ITALIAN PASTA

ALLA SALSA (VGN)	8.50
AI FUNGHI WITH BRIDDLESFORD CREAM (V)	9.50
AGLIO, OLIO E PEPERONCINO WITH IOW CHERRY TOMATOES (VGN)	9.50
SPINACH & RICOTTA RAVIOLI AL BURRO (V)	9.50

HAND STRETCHED PIZZA

MARGHERITA (V)	11.00
SICILIANA - ROASTED VEG (V)	
CAPRICCIOSA - HAM, MUSHROOM & BLACK OLIVES	
NAPOLETANA - SALAME, RED ONION & PEPPERS	
AMERICANA - CHICKEN, RED ONION & PEPPERS	13.00

INSALATE ESTIVE

SERVED WITH LIGHTLY TOASTED LOCAL BREAD

CAPRESE WITH IOW CHERRY TOMATOES & MOZZARELLA, BASIL
& OUR SICILIAN OLIVE OIL (V)

BRIDDLESFORD FETA WITH IOW CHERRY TOMATOES, PEPPERS,
OLIVES, CUCUMBER, RED ONION & OUR SICILIAN OLIVE OIL &
BALSAMIC (V)

BACON, IOW EGG & AVOCADO WITH IOW CHERRY TOMATOES,
PEPPERS, CUCUMBER, RED ONION & HONEY MUSTARD DRESSING

CHICKEN CAESAR WITH IOW CHERRY TOMATOES, PEPPERS,
CUCUMBER, RED ONION, PARMIGIANO & CAESAR DRESSING

12.00

PLATTERS

SERVED WITH SALAD, LOCAL BREAD, BUTTER & CHUTNEY

CHEESE - BRIE, CHEDDAR, IOW FETA, OLIVES & APPLE	11.75
COLD MEAT - PARMA HAM, SALAME, HAM & OLIVES	11.75
MIXED MEAT & CHEESE, OLIVES & APPLE	13.75

DOORSTEP SANDWICHES

SERVED ON GRACES BAKERY MULTISEED LOAF

BACON, LETTUCE & IOW TOMATO

IOW EGG MAYONNAISE, WATERCRESS & CUCUMBER (V)

MATURE CHEDDAR PLOUGHMANS, LETTUCE, RED ONION, APPLE & BRANSTON PICKLE (V)

MATURE CHEDDAR, HAM & MUSTARD, CUCUMBER & RED ONION

8.50

TOASTED

GLUTEN FREE BREAD AVAILABLE

FOCACCIA WITH MOZZARELLA, IOW TOMATO, BASIL & PESTO (V)

CALZONE WITH MATURE CHEDDAR & HAM

SOURDOUGH CIABATTA WITH MATURE CHEDDAR, TOMATO & RED ONION (V)

SOURDOUGH CIABATTA WITH GOATS CHEESE, ONION CHUTNEY & ROCKET (V)

SOURDOUGH CIABATTA WITH BRIE, BACON & CRANBERRY

SOURDOUGH CIABATTA WITH ROASTED VEG, AVOCADO, HUMMUS & SPINACH (VGN)

SOURDOUGH CIABATTA WITH MILANO SALAME, MATURE CHEDDAR & RED ONION

8.00

TOASTED WRAPS

CHICKEN CAESAR, PEPPERS, RED ONION & IOW TOMATOES

THREE CHEESE WITH PEPPERS & RED ONION (V)

7.25

OPEN SANDWICHES

SERVED ON LIGHTLY TOASTED LOST MILL SOURDOUGH

GOATS CHEESE, PARMA HAM, ASPARAGUS WITH OUR SICILIAN OLIVE OIL & BALSAMIC (V)

AVOCADO, MOZZARELLA & IOW CHERRY TOMATO, BASIL WITH OUR SICILIAN OLIVE OIL & BALSAMIC (V)

9.00

WRAPS

ROASTED VEG, AVOCADO, HUMMUS & SPINACH (VGN)

CHICKEN & SWEET CHILLI WITH SALAD

HAM, MOZZARELLA & SALAD WITH MAYONNAISE & WHOLEGRAIN MUSTARD

CHICKEN & MAYONNAISE WITH SALAD

6.75

PLEASE ASK STAFF FOR ALLERGEN ADVICE
WHILST WE TRY TO MAKE A RANGE OF PRODUCTS
WITH ALLERGEN FREE INGREDIENTS, AS ALL
ALLERGENS ARE HANDLED ON SITE, WE CANNOT
GUARANTEE THAT ANY PRODUCT DOES NOT CONTAIN
ANY TRACES OF ALLERGENS

ALL SERVED WITH SIDE SALAD & CRISPS