

BREAKFAST MENU

MONDAY-SATURDAY SERVED UNTIL 11:30AM
SUNDAYS SERVED ALL DAY

ISOLA FULL BREAKFAST

IOW POACHED EGGS (2),
BACON (2),
AVO & EXTRA VIRGIN OLIVE OIL,
GARLIC MUSHROOMS,
IOW CHERRY TOMATOES,
LOST MILL TOASTED SOURDOUGH
13.75

VEGGIE FULL BREAKFAST

IOW POACHED EGGS (2),
BRIDDLESFORD HALLOUMI,
AVO & EXTRA VIRGIN OLIVE OIL,
GARLIC MUSHROOMS,
IOW CHERRY TOMATOES,
LOST MILL TOASTED SOURDOUGH
13.75

IOW POACHED EGGS ON LOST MILL SOURDOUGH

6.75

AVOCADO ON LOST MILL SOURDOUGH

7.25

ADD: IOW EGGS (2) OR GARLIC MUSHROOMS 2.00
ADD: AVO, BACON (2), IOW TOMATOES OR IOW HALLOUMI 2.50

CONTINENTAL BREAKFAST

WITH FRESHLY SQUEEZED ORANGE JUICE, GLASS OF GRANOLA,
GREEK YOGHURT, FRUIT & HONEY AND A PASTRY (V) 8.25

BREAKFAST BITES

BACON DOORSTEP ON GRACES
MULTISEED BREAD WITH
GRILLED IOW TOMATO &
KETCHUP ON THE SIDE 8.25

BRIE & HAM TOASTED
BRIOCHE 5.75

DOORSTEP WITH PEANUT
BUTTER, BANANA, SEEDS
& HONEY (V) 5.00

OATS, SEEDS & BERRIES

PORRIDGE WITH BANANA,
SULTANAS, HONEY, SEEDS &
CINNAMON (V) 7.00

PORRIDGE WITH FRESH
BERRIES, BANANA, HONEY
& SEEDS (V) 7.50

GRANOLA WITH GREEK YOGHURT,
FRESH BERRIES, BANANA,
HONEY & SEEDS (V) 7.50

PLEASE ASK STAFF FOR ALLERGEN ADVICE

WHILST WE TRY TO MAKE A RANGE OF PRODUCTS WITH ALLERGEN
FREE INGREDIENTS, AS ALL ALLERGENS ARE HANDLED ON SITE, WE
CANNOT GUARANTEE THAT ANY PRODUCT DOES NOT CONTAIN ANY
TRACES OF ALLERGENS

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