LUNCH MENU

SERVED ALL DAY UNTIL 5PM 4.30PM ON SUNDAYS

ITALIAN PASTA

ALLA SALSA (VGN)

10.00

MARGHERITA (V)

12.00

AI FUNGHI WITH
BRIDDLESFORD CREAM (V)

AGLIO, OLIO E PEPERONCINO WITH IOW CHERRY TOMATOES (VGN)

SPINACH & RICOTTA RAVIOLI AL BURRO (V) (1)

HAND STRETCHED PIZZA

12.00

CAPRICCIOSA - HAM, MUSHROOM & BLACK OLIVES

NAPOLETANA - SALAME, RED ONION & PEPPERS

SICILIANA - ROASTED VEG (V)

AMERICANA - CHICKEN, RED ONION & PEPPERS

11.00

13.75

INSALATE

SERVED WITH LIGHTLY TOASTED LOST MILL BAKERY BREAD

CAPRESE WITH IOW CHERRY TOMATOES & MOZZARELLA, BASIL & EXTRA VIRGIN OLIVE OIL (V)

SUMMER BERRIES & IOW FETA SALAD WITH STRAWBERRIES, BLUEBERRIES & PECANS WITH GREEN LEAVES, EXTRA VIRGIN OLIVE OIL AND BALSAMIC (V)

BACON, IOW EGG & AVOCADO WITH IOW CHERRY TOMATOES, PEPPERS, CUCUMBER, RED ONION & HONEY MUSTARD DRESSING

CHICKEN CAESAR WITH IOW CHERRY TOMATOES, PEPPERS, CUCUMBER, RED ONION, PARMIGIANO & CAESAR DRESSING

13.25

PLATTERS

SERVED WITH SALAD, LOCAL BREAD, BUTTER & CHUTNEY

CHEESE - BRIE, CHEDDAR, IOW FETA, OLIVES & APPLE (V) 13.00

COLD MEAT - PARMA HAM, SALAME, HAM & OLIVES 13.00

MIXED MEAT & CHEESE, OLIVES & APPLE 14.75

DOORSTEP SANDWICHES

SERVED ON GRACES BAKERY MULTISEED LOAF

BACON, LETTUCE & IOW TOMATO

IOW EGG MAYONNAISE, WATERCRESS & CUCUMBER (V)

MATURE CHEDDAR PLOUGHMANS, LETTUCE, RED ONION, APPLE & BRANSTON PICKLE (V)

MATURE CHEDDAR, HAM, MUSTARD, LETTUCE, CUCUMBER & RED ONION 9.25

TOASTED

GLUTEN FREE BREAD AVAILABLE

FOCACCIA WITH MOZZARELLA, IOW TOMATO, BASIL & PESTO (V)

CALZONE WITH MATURE CHEDDAR & HAM

SOURDOUGH CIABATTA WITH MATURE CHEDDAR, TOMATO & RED ONION (V)

SOURDOUGH CIABATTA WITH GOATS CHEESE, ONION CHUTNEY & ROCKET (V)

SOURDOUGH CIABATTA WITH BRIE, BACON & CRANBERRY

SOURDOUGH CIABATTA WITH ROASTED VEG, AVOCADO, HUMMUS & SPINACH (VGN)

SOURDOUGH CIABATTA WITH MILANO SALAME, MATURE CHEDDAR & RED ONION

9.00

TOASTED WRAPS

CHICKEN CAESAR, PEPPERS, RED ONION, IOW TOMATOES & PARMESAN

THREE CHEESE WITH PEPPERS & RED ONION (V)

7.75

OPEN SANDWICHES

SERVED ON LIGHTLY TOASTED LOST MILL SOURDOUGH

GOATS CHEESE, PEAR & PARMA HAM WITH EXTRA VIRGIN OLIVE OIL & BALSAMIC

AVOCADO, MOZZARELLA & IOW CHERRY TOMATO, BASIL WITH EXTRA VIRGIN OLIVE OIL & BALSAMIC (V)

9.50

WRAPS

ROASTED VEG, AVOCADO, HUMMUS & SPINACH (VGN)

CHICKEN & SWEET CHILLI WITH SALAD

HAM, MOZZARELLA & SALAD WITH MAYONNAISE & WHOLEGRAIN MUSTARD

CHICKEN & MAYONNAISE WITH SALAD

7.25

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WHILST WE TRY TO MAKE A RANGE OF PRODUCTS
WITH ALLERGEN FREE INGREDIENTS, AS ALL
ALLERGENS ARE HANDLED ON SITE, WE CANNOT
GUARANTEE THAT ANY PRODUCT DOES NOT CONTAIN
ANY TRACES OF ALLERGENS

PLEASE ORDER AT THE TILL OR VIA THE QR CODE

ALL SERVED WITH SIDE SALAD & CRISPS